ANNUAL REPORT 2022-2023

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A.B.N. SEAL COLLEGE

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1/13 BENGAL BN NCC A.B.N SEAL COLLEGE, COOCH BEHAR,736101

ANO (ASSOCIATE NCC OFFICER)- Lt. (Dr.) ARPAN ROY PRAMANIK, 1/13 BENGAL BN NCC & ASSISTANT PROFESSOR IN BENGALI DEPARTMENT.

ACHARYA BROJENDRA NATH SEAL COLLEGE, COOCHBEHAR, WEST BENGAL, 736101

| SI. NO | TITLE OF ACTIVITY | DATE & DURATION | ORGANIZATION UNIT | NUMBER OF TEACHERS PARTICIPATED | NUMBER OF STUDENTS PARTICIPATED (MALE) | NUMBER OF STUDENTS PARTICIPATED (FEMALE) |
|-----------|-------------------------------|--------------------|--|---------------------------------------|---|---|
| 1 | INDIAN FLAG DISTRIBUTATION | 10-08-2022 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 5 | 45 | 32 |
| 2 | RAKSHA BANDHAN UTSAB | 12-08-2022 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 5 | 39 | 27 |
| 3 | BLOOD DONATION CAMP | 14-08-2022 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 10 | 39 | 22 |
| 4 | INDEPENDENCE DAY | 15-08-2022 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 8 | 44 | 37 |
| 5 | PUNEET SAGAR ABHIYAN | 29-09-2022 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 14 | 43 | 32 |
| 6 | NCC DAY | 27-11-2022 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 15 | 46 | 36 |
| 7 | REPUBLIC DAY | 26-01-2023 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 7 | 49 | 38 |
| 8 | HOLI CELIBRATION | 07-04-2023 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 4 | 37 | 27 |
| 9 | ANTI-TOBACCO DAY | 31-05-2023 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 8 | 34 | 25 |
| 10 | WORLD ENVIROMENT DAY | 05-06-2023 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 5 | 34 | 25 |
| 11 | YOGA DAY | 21-06-2023 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | 5 | 42 | 37 |
| 12 | CAMP ACHIEVER | 2022-2023 | 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar | NO | 07 | NO |

DESCRIPTION OF THE PROGRAMME/EVENT

 NATIONAL FLAG DISTRIBUTION: The 1/13 Bengal BN NCC A.B.N Seal College, Cooch Behar, conducted the distribution of National flags to promote 'Har Ghar Tiranga' Campaign to mark the celebration of Independence week under the aegis of Azadi Ka Amrit Mohotsav, Dated on 10-08-2022. The total participants of this programme 82 (Teachers- 05, Students- 77). This programme images are as follows-



ANO sir distributes National flag to all Cadets

2. RAKSHA BANDHAN: Raksha Bandhan Utsav is the festival of Unity, celebrated by the A.B.N Seal College's NCC cadets in every year. We create brotherhood by wearing Rakhi with each other on this day, dated on- 12-08-2022. This programme images are as follows-



NCC Cadets celebrate Raksha Bandha in 1/13 Bengal BN NCC A.B.N Seal College Cooch Behar

3. BLOOD DONATION CAMP: Attended the Blood Donation camp as a voluntary in our college ,1/13 BENGAL BN NCC, A.B.N SEAL COLLEGE on 14-08-2022. The camp was conducted by NCC and BLOOD BANK of District hospital, Cooch Behar. The camp was started at 09:00 a.m. and ended at 12:30 p.m. Almost all cadets participated in that camp.



4. INDEPENDENCE DAY: Independence Day celebrated by the A.B.N Seal College,1/13 Bengal BN NCC on 15th August in every year. On this day our National Flag is hosted by the principal of our college. Many kinds of cultural programmes were held on that day. This programme images are as follows-



NCC Cadets of A.B.N Seal College are doing practice to give guard of honour to D.M Sir

5. PUNEET SAGAR ABHIYAN: Puneet Sagar Abhiyan executed by the cadets of NCC to keep our surroundings clean. 1/13 Bengal BN NCC conducted Puneet Sagar Abhiyan in every year. This programme images are as follows-



NCC Cadets of A.B.N Seal College conducted Puneet Sagar Abhiyan on 29-09-2022

6. NCC DAY: NCC Day is celebrated on the 4th Sunday of November in every year. So many kinds of cultural programmes, prize distribution were held on that day. NCC is a preparatory military training program for Indian Youth between 15 and 18 years of age.



NCC Day celebration at the A.B.N Seal College on 27th November 2023

7. REPUBLIC DAY: Republic Day is celebrated on 26th January every year. RDC (Republic Day Camp) conducted by the DG National Cadet Corps in every year. Selected cadets from different directorates of the state participated in this National camp, Dated on- 26-01-2023.



Cadets of 1/13 Bengal BN NCC A.B.N Seal College Participate in Republic Day Parade

8. HOLI CELEBRATION: "Holi" – the festival of colour and joy, celebrated by the 1/13 Bengal BN NCC in every year. All ex-seniors and running cadets celebrated this joyful day, dated on- 07-04-2023. This programme images are as follows-



Holly is the colour festival in the World and We all are NCC cadet also celebrating and enjoying this day

9. ANTI-TOBACCO DAY: Anti-Tobacco Day is celebrated by the cadets on 31st May every year. On this day cadets Spread awareness about smoking. Different Kind of rally were held on that day, dated on 31-05-2023. This programme images are as follows-



Cadets participate Anti-Tobacco Day Rally

10. WORLD ENVIROMENT DAY: The United Nations designated 05 June 2023 as World Environment Day to highlight that the protection and health of the environment is a major issue, which affects the well-being of peoples and economic development throughout the world. The celebration of this day provides us with an opportunity to broaden the basis for an enlightened opinion and responsible conduct by individuals, conduct by individuals, enterprises and responsible conduct by individuals.



11.YOGA DAY: International yoga day celebrated by 1/13 Bengal BN NCC on 21st June. Yoga is an essential thing for our physical and mental health, dated on 21-06-2023. This programme images are as follows-



Yoga is the Journey of self, to the self, through the self. "Happy Yoga Day"

12. SOME ACHIEVEMENT IN OUR NCC UNIT:

| SL. NO | ACHIEVEMENT/AWARD | DATE/YEAR OF THE ACHIEVEMENT | RANK/NAME OF THE CADET |
|-----------|--|---------------------------------|---------------------------|
| 1 | EBSB (EK BHARAT SHRESHTHA BHARAT) | 15-08-2022 | LCPL RAJIB SAIBA |
| 2 | TSC-IGC (THAL SAINIK CAMP-INTER GROUP COMPETITION) | 20-08-2022 | CQMS PRITAM PAUL |
| 3 | AITSC (ALL INDIA THAL SAINIL CAMP) | 25-09-2022 | SUO AMIR HOSSEIN |
| 4 | RDC-IGC (REPUBLIC DAY CAMP-INTER GROUP COMPETITION) | 19-11-2022 | SUO SUJAN ISHORE |
| 5 | AIRDC (ALL INDIA REPUBLIC DAY CAMP) | 29-01-2023 | SUO HIDAY RAY |
| 6 | AIRDC (ALL INDIA REPUBLIC DAY CAMP) | 29-01-2023 | SUO SUBHA BISWAS |
| 7 | IGC SHOOTING (INTER GROUP COMPETITION SHOOTING) | 30-04-2023 | CDT PINTU BARMAN |

i. LCPL RAJIB SAIBA



EBSB-2022

ii. CQMS PRITAM PAUL



iii. SUO AMIR HOSSEIN



iv. SUO SUJAN ISHORE



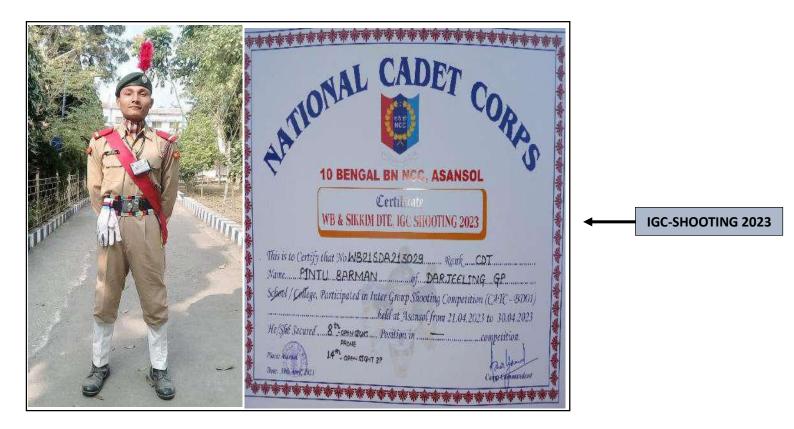
v. SUO HIDAY RAY



vi. SUO SUBHA BISWAS



vii. CDT PINTU BARMAN



I, LT. Arpan Roy Pramanik, Assistant Professor of Bengali Department and ANO (Associate NCC Officer) of A.B.N Seal College Unite ,1/13 Bengal BN NCC, Cooch Behar ,hereby certify that Cadets of this unit have fully participated in all social and cultural Activities such as Blood Donation Camp, Independence Day parade, Republic Day parade and so on.

Thanking You,

Date: 31/07/2023 Place: Cooch Behan Yours Faithfully Are pan Roy Prananik LL ARPAN ROY PRAMANIK 1/13 BENGAL BN NCC A.B.N. SEAL (GOVL) COLLEGE Cooch Behar, W.B.